

Prayer before Starting the Day

Having risen from sleep, I hasten to You, O Lord, Lover of men. By Your loving-kindness, I strive to do Your work, and I pray to You: help me at all times, in everything, and deliver me from every evil thing of the world and every attack of the devil. Lead me into Your eternal Kingdom. For You are my Creator, the Giver and Provider of everything good. All my hope is in You, and to You, I send up glory, now and ever, and to the ages of ages.

Amen



Prayer before Travel

Lord Jesus Christ my God
be my Companion, Guide,
and Protector during my
journey. Keep me from all
anger, misfortune, and
temptation. By Your divine
power, grant me a peaceful
and successful journey and a
safe arrival. In You, I place
my hope and trust. I praise,
honor, and glorify You,
together with Your Father,
and the Holy Spirit, now
and forever and ever.

Amen



Prayers before Meals

Christ our God, bless us, Your servants, our home, and the food and drink before us. For You are the Source of all blessings, now and forever and ever.

Amen

Lord Jesus Christ our God, You blessed the five loaves in the wilderness and fed the multitudes of men, women, and children. Bless also these Your gifts and increase them for the hungry people in the world. You are the One who blesses and sanctifies all things, and to You, we give glory forever.

Amen



Prayer before any Task

Lord Jesus Christ my God be my Companion, Guide, and Protector during my journey. Keep me from all anger, misfortune, and temptation. By Your divine power, grant me a peaceful and successful journey and a safe arrival. In You, I place my hope and trust. I praise, honor, and glorify You, together with Your Father, and the Holy Spirit, now and forever and ever.

Amen



Prayer at the End of the Day

Save us from the trickeries of the adversary and abolish all the snares which are set against us. Grant us, in this coming night, peace without pain, or anxiety, or unrest, or illusion; so that we pass it in peace and chastity and rise up from praise and prayers.

Amen



Prayer before Sleeping

O Eternal God and King of all creation, Who has granted me to arrive at this hour, forgive me the sins that I have committed today in thought, word, and deed. Cleanse, O Lord, my humble soul from all defilement of flesh and spirit, and grant me, O Lord, to pass the sleep of this night in peace; that when I rise from my bed, I may please Your most holy Name, all the days of my life and conquer my flesh and the fleshless foes that war with me. Deliver me, O Lord, from vain and frivolous thoughts, and from the evil desires which defile me. For Yours is the kingdom, the power and glory, forever and ever.

Amen.



Prayer For the Sick

O Christ, Who alone is our Defender; Visit and heal Your suffering servant, _____. Deliver him/her from sickness and grievous pains. Raise him/her up that he/she may sing to You and praise You without ceasing, through the prayers of the Theotokos, O You, Who alone loves mankind.

Amen



Prayer for God's Will

Lord, I do not know what to ask of You, teach me how to pray. You know, better than me, what my needs are. You love more than I know how to love. Help me to see clearly my real needs, which I do not see. I open my heart to You. Examine and reveal to me my faults and sins. I put all my trust in You. I have no other desire than to fulfill Your will.

Amen

